COMMUNITY SERVICE

<u>http://www.handsonphoenix.org/</u> Hands on Phoenix. Find volunteer opportunities by date, location, and interest area. Includes a filter that allows you to search for opportunities for youth.
<u>https://www.volunteermatch.org/</u> Volunteer Match – From website: Connect with what matters to you. Connect with a cause that needs you. Local volunteer opportunities and some from around the world.
<u>www.teens4hire.org</u>

LOCAL VOLUNTEER OPPORTUNITIES

<u>ABRAZO WEST CAMPUS</u>: Student Ambassador Program: This is a unique summer volunteer program only at Abrazo West Campus for young people to contribute to their community as well as discover if a career in health care is in their future. Students who are accepted into the program may use their volunteer hours towards their student learning requirements, honor societies, or for future college application references. Students who are between the ages of 15-19 are eligible to apply to the program. <u>https://www.abrazohealth.com/about/student-ambassador-program</u>

<u>ALZHEIMER'S ASSOCIATION-DESERT SOUTHWEST CHAPTER</u> Activities and Needs: Assist individuals and families affected by Alzheimer's disease and to advance research leading to a world without Alzheimer's. Need Helpline volunteers, community education volunteers (attend community events and health fairs), help with mailings, clerical and office, data entry, pre-event, special events and committee work. Minimum age for volunteers is 16. Contact Ms. Cindy Vargo for more information. Organization Address: 1028 E. McDowell Road, Phoenix, AZ 85006 Phone: 602-528-0545 Web: <u>https://www.alz.org/dsw/volunteer?set=1</u>

AMERICAN CANCER SOCIETY Activities and Needs: National community-based organization dedicated to preventing cancer, saving lives, research, education, advocacy, and service. Minimum age for volunteers is 16, or one can volunteer at age 12 with an adult. Contact Mrs. Lisa Carlborg (lisa.carlborg2@cancer.org) for more information. Organization Address: 4550 East Bell Road 126, Phoenix, AZ 85032 Phone: 602.224.0524 Web: www.cancer.org

AMERICAN RED CROSS-GRAND CANYON CHAPTER Activities and Needs: Assist families who lost their homes to fires, help families communicate with relatives in the military, transporting the elderly, low-income or disabled as well as educational programs. Need volunteers for all areas, including call centers. Minimum age for volunteers is 16. For more information, please email volunteer@arizonaredcross.org Organization Address: 6135 N. Black Canyon Hwy, Phoenix, AZ 85015-6660 Phone: 602-347-6522 86 Web: www.arizonaredcross.org ARIZONA RECREATION CENTER FOR HANDICAPPED Activities and Needs: Drop-in activities/classes for people with special needs. Minimum age for volunteers is 15. Organization Address: 1550 W. Colter, Phoenix, AZ 85015 Phone: 602-230-2226 Web: www.archaz.org

<u>ABRAZO - ARROWHEAD HOSPITAL</u> Student Ambassador Program. This is a unique summer volunteer program only at Abrazo West Campus for young people to contribute to their community as well as

discover if a career in health care is in their future. Students who are accepted into the program may use their volunteer hours towards their student learning requirements, honor societies, or for future college application references. Students who are between the ages of 15-19 are eligible to apply to the program. <u>https://www.abrazohealth.com/about/student-ambassador-program</u> Organization Address: 18701 N. 67th Ave., Glendale, AZ 85308-7101 Phone: 623-561-7232

<u>ARTHRITIS FOUNDATION</u> Activities and Needs: Public education, disease management programs, exercise (water & land based) programs, health fairs, special event fundraisers (golf tournaments, galas, etc.) Volunteers are also needed for in-office assistance and special events and aquatic & arthritis management instructors. Minimum age for volunteers is 16. Contact Ms. Taren Norley (tnorley@arthritis.org) for more information. Organization Address: 1221 E. Osborn, Ste. 201, Phoenix 85014 Phone: 602-264-7679 Web: <u>www.arthritis.org</u>

BANNER THUNDERBIRD MEDICAL CENTER Activities and Needs: Volunteers provide comfort and caring and assist our hospital staff in providing a positive experience for our patients. We have opportunities for teens (minimum age for volunteers is 14) and adults in both clinical and non-clinical settings. Please be aware that there is a commitment of at least six months of service and a minimum of four hours a week. Contact Kathy Lane or Barbara Peten (kathy.lane@bannerhealth.com or barb.peten@bannerhealth.com) for more information. Organization Address: 5555 W. Thunderbird Rd., Glendale, AZ 85306 Phone: (602) 865-5760 Web:

https://www.bannerhealth.com/services/volunteer/banner-thunderbird-volunteer

BANNER VOLUNTEER SERVICES AT BOSWELL HOSPITAL Activities and Needs: A wide variety of opportunities related to health and medicine awaits any volunteer who would like to help the hospital. Boswell has over 250 volunteer assignments and places volunteers in assignments of interest to them. Minimum age for volunteers is 14. Applications are accepted beginning in March for the summer opportunities. Organization Address: 10401 West Thunderbird Blvd., Sun City, AZ 85351 Phone: Boswell - (623) 876-5387 Web: <u>https://www.bannerhealth.com/services/volunteer/banner-boswell-volunteer</u>

BRAVERY PROJECT From website: Many artists desire to make a difference with their art, whether the distinction is to create a new and unique style, to make a social statement, or to merely shock people into the subjective world of the artist's ideas. At Bravery Project, Inc., we propose to make a difference as well by creating a symbiotic relationship between our organization and the organizations working with domestic violence survivors. We help by utilizing creative portrait works as a catalyst for awareness and fundraising. Contact Vickie Florschuetz (480-785-4995) for more information. http://braveryproject.org

<u>CHILDREN'S MUSEUM OF PHOENIX</u> At the Children's Museum of Phoenix, our volunteers are diverse, creative, and vibrant individuals comprised of various backgrounds, professions, and ages. Our youngest volunteers must be at least 14 years old, and those that are 18 and older must pass a background check. Look at our volunteer opportunities and see what you might be interested in. Don't worry, you will receive all the training you need to have a great volunteer experience. Not sure what would be a good fit? No problem! Simply complete an application, and we will match you to the position that's right for you. https://childrensmuseumofphoenix.org/support-us/volunteer

<u>CITY OF PEORIA</u>: The City of Peoria accepts applications for volunteers and interns on a regular basis. Our volunteer opportunities are very diverse and often assist in the Police, Fire-Medical, and Community Services departments. Interns are not considered volunteers and are generally accepted by the city on a case-by-case basis to gain experience in a specific field or course of study. <u>https://www.peoriaaz.gov/government/departments/human-resources/volunteer</u>

EPILEPSY FOUNDATION OF ARIZONA Activities and Needs: Education, support, research, and advocate for people affected by seizure disorders. Volunteers for all categories including summer camps. Minimum age for volunteers is 16. Be sure to contact Kate Burns (efaz@chw.edu) to request an application. Organization Address: 240 W. Thomas Rd, Phoenix, AZ 85013 Phone: 602-406-3581 Web: www.epilepsyfoundation.org/arizona

FREE ARTS ARIZONA From website: Free Arts for Abused Children of Arizona is a nonprofit organization that brings the healing powers of the creative arts to abused, neglected and homeless children by partnering with over 100 group homes, treatment centers and shelters in Maricopa County. By recruiting creative volunteers to share their talents in the visual arts, music, theater, dance, creative writing and other artistic projects, Free Arts helps children build self-esteem by unlocking their imaginations. http://www.freeartsaz.org/about

HABITAT FOR HUMANITY IN CENTRAL ARIZONA From website: We are seeking individuals of all skill levels and areas of interest. Whether you are interested in home construction, home repair, office work, helping at the ReStore, or serving on a committee, we have a place for you. All new volunteers are required to attend a new volunteer orientation learn more about opportunities involving home constructing, office work, hospitality, and events. <u>https://habitatcaz.org/volunteer/</u>

HANDS-ON GREATER PHOENIX From website: Hands-on Greater Phoenix is a nonprofit volunteer management organization. We address critical community needs in the Phoenix metropolitan area by coordinating a variety of volunteer projects and programs. Our volunteers come from all walks of life and include individuals, families, students, retirees, corporations, and others. We partner with a wide range of community service organizations and government agencies to tackle issues like homelessness, hunger, education, animal welfare, environmental challenges, and so much more. Whether you're interested in one-time volunteer opportunities like our calendar projects, making a commitment to one of our long-term programs, or helping at one of our four annual service days, Hands-on Greater Phoenix has a way for YOU to give back to your community. http://www.handsonphoenix.org/

HONOR HEALTH - DEER VALLEY Activities and Needs: The hospital needs volunteers for the public information desk, for the gift shops, extended care center, children's community health services, adult day care center, clerical support center, nursing units, patient hospitality, and other locations inside the hospital. Minimum age for volunteers is 14. Please email dvviolu@jcl.com or volunteers@jcl.com for more information. Organization Address: 19829 N. 27th Ave., Phoenix, AZ 85027 Phone: 623-879-5765 Web: https://www.honorhealth.com/community/volunteer-opportunities/teen (follow the tab to volunteer applications)

MARCH OF DIMES, ARIZONA CHAPTER Activities and Needs: March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against pre-maturity, birth defects and low birth weight. Volunteer needs range from serving on committees for major fundraisers to lending a helping hand with various office projects, such as mailings and database updates. Hours are flexible, and the minimum age for volunteers is 14. Email az601@marchofdimes.com with any questions. Organization Address: 3550 N. Central Avenue, Suite 610 Phoenix, AZ 85012 Phone: 602-266-9933 Web: www.marchofdimes.com

PHOENIX SISTER CITIES YOUTH AMBASSADOR EXCHANGE PROGRAM From website: Phoenix high school sophomores and juniors apply to be selected to serve as a Youth Ambassador to one of Phoenix's ten Sister Cities. Upon selection the Youth Ambassadors will participate in Academy Sessions where they not only learn how to interact in their host country and what they can expect, but also how to best represent Phoenix, the state of Arizona, and the United States abroad. Prior to the exchange, Youth Ambassadors will also participate in fundraising events. Each Youth Ambassador will depart in the summer to spend approximately three weeks in the Sister City they are assigned. They will live with a host family and an international counterpart where they will be fully immersed in the culture of the Sister City, their international counterpart, and themselves. https://www.phoenixsistercities.org/youth-ambassador/

<u>SOUTHWEST CENTER FOR HIV/AIDS</u> Activities and Needs: Volunteers provide the community with the knowledge, resources, and collective strength necessary for individuals to live long and well with HIV. Minimum age for volunteers is age 16. For more information, contact Harold Jeffers (volunteer@swhiv.org) Organization Address: 1144 E. McDowell Rd., Ste. 200, Phoenix, AZ 85006 Phone: 602-307-5330 x2219 Web: https://www.swcenter.org/volunteer

TEENS IN NURSING: HOSPICE OF THE VALLEY Activities and Needs: Volunteers provide one-on-one companionship to hospice patients, assist with varying duties in inpatient unit setting. Please note that this volunteering requires a commitment of at least twelve months of service and two hours per week. Minimum age for volunteers is 14. Organization Address: 1510 E. Flower Street, Phoenix, AZ 85014 Phone: 602-636-6336 Web: www.hov.org (follow the link to teen volunteer section)

JUNIOR VOLUNTEER PROGRAM AT ST. JOSEPH MEDICAL CENTER Activities and Needs: Open to all high school students ages 14 and over, this summer program, usually held in mid-June, is designed for students interested in careers in healthcare. The program will provide services in same-day surgery, transport, IT, pediatrics, and the business office. This selective program will also include interviews for the candidates. Please visit St. Joseph's website to find out when applications are due and when interviews will be held. 90 Organization Address: 350 W. Thomas Road, Phoenix, AZ 85013 Phone: 602-406-3020 Web: https://www.dignityhealth.org/arizona/locations/stjosephs/ways-to-give/volunteerinformation/junior-volunteer-summer-program

JUNIOR VOLUNTEER PROGRAM AT VALLEYWISE HEALTH in guest relations, clinic, administration, and to distribute patient reading materials, assist in office & work with children/newborns, plus more. Volunteers can work in 12 Family Health Centers, from Mesa to Avondale. Minimum age for volunteers is 14. Email Sandra Munoz (volunteers@mihs.org) with questions about your application. Deadline is in late May. Organization Address: 2601 E. Roosevelt, Phoenix, AZ 85008 Phone: 602-344-5348 Web: https://valleywisehealth.org/community/volunteer/

PEORIA DIAMOND CLUB From website: The Peoria Diamond Club is a non-profit organization whose volunteers participate in the daily operation of the Seattle Mariners and San Diego Padres Spring Training at the Peoria Sports Complex in Peoria, Arizona. In addition to Spring Training, the Diamond Club hosts special events and programs throughout the year to benefit local, youth charities. http://www.peoriadiamondclub.org/

SPECIAL OLYMPICS ARIZONA Activities and Needs: The SPECIAL OLYMPICS ARIZONA sports' competitions occur all over the county for people ages 8-80 who have mental retardation. This organization needs volunteers for Special Events. They have 8 events during the year. Minimum age for volunteers is 13. Contact Kali Knaack (kali@specialolympicsarizona.org) for more information. Organization Address: 1850 N. Central Ave. Suite 900, Phoenix, AZ 85004 Phone: 602-230-0075 Web: www.specialolympicsarizona.org/

<u>SUMMER INTENSIVE VOLUNTEER PROGRAM AT PHOENIX CHILDREN'S HOSPITAL</u> This summer program for teens introduces students to the healthcare setting. Students will complete 100 hours of service in four (3-4 hour) shifts per week, and the hospital requires that commitment. Minimum age for volunteers is 16. Email the Hospital at atapia@phoenixchildrens.com or dwhitney@phoenixchildrens.com for an application. Organization Address: 1919 E. Thomas Road, Phoenix, AZ 85016 Phone: 602-546-0269 Web: <u>https://phoenixchildrens.org/summer-volunteerprogramfaqs#1</u>

RONALD MCDONALD HOUSE OF PHOENIX Activities and Needs: Ronald McDonald House provides housing for families who must travel to Phoenix for medical treatment for their children. House volunteers work 3-hour shifts helping to maintain the House and grounds. There is also a dinner program that a student could do as a group activity with classmates (10 people or less) where they would prepare & serve dinners for families. Community Service also includes deep cleaning rooms. Minimum age for volunteers is 16. Contact Nate Harat for more information. Organization Address: 501 East Roanoke, Phoenix, AZ 85004 Phone: 602-633-2030 Web: www.rmhcphoenix.com

<u>UNDERDOG RESCUE OF ARIZONA</u> From website: Underdog Rescue of Arizona is a 501(c)(3) nonprofit foster-based dog rescue dedicated to rescuing and re-homing shelter dogs rescued from the euthanasia list and abandoned dogs in need. We are based in the Phoenix East Valley. We are funded by members and others' donations. In addition, we are an advocacy group, striving to educate the public on the issue of animal welfare. Contact Nikki Steele (480-553-9311) for more information. http://www.underdogaz.com/

VITALANT BLOOD DONATION Activities and Needs: Donor center and mobile hosts/hostesses, hospital services, drivers, assist on blood drives, make phone calls to previous donors, assist on ASU campus blood drives, clerical, and mailings. Contact Ms. Jane Tellier (pr@bloodsystems.org) for more information. Minimum age for volunteers is 12 with parental supervision. Organization Address: 6220 E.

Oak St., Scottsdale, AZ 85257 Mailing Address: P.O. Box 1867, Scottsdale, AZ 85252-1867 92 Phone: 877-827-4376 Web: <u>https://www.vitalant.org/Footer-Nav/Engage/Volunteer-(1)</u>

VALLEY OF THE SUN UNITED WAY From website: United Way is the largest investor in health and human services in the Valley. With the support of more than 90,000 individual donors, 700 business supporters, and a wide array of volunteers and partners, we effectively create change on two levels: We drive systemic change that impacts entire communities, and we transform individual lives every day. Together, we'll build a stronger community for us all to live, work and raise our families. http://www.vsuw.org/about-us/

ZOOTEENS AT THE PHOENIX ZOO From website: Zoo Teens are a group of 14 – 17-year-olds interested in animals, nature and conservation who volunteer their time to the Phoenix Zoo. Zoo Teens share their interests with our Zoo Guests at a variety of interpretive stations throughout the Zoo, provide mentoring and educational opportunities to Camp Zoo participants, and are eligible to work with and learn from our world-class animal keepers. Teens must be age 14 to 17 as of September 1 of the application year. After following the application process and being selected, they are required to volunteer a minimum of 40 hours during the Zoo Teen season, undergo yearly TB testing and attend all required orientations and meetings to retain their Zoo Teen status. https://www.phoenixzoo.org/?s=VOLUNTEER